

March 2026

Eastern Upper Bucks Senior Center

8040 Easton Road (Route 611) PO Box 545 Ottsville, PA 18942

Phone: 610-847-8178 Fax: 610-847-2036

Email: eubseniors@epix.net Website: easternupperbucksseniorcenter.com

In the event of bad weather, the senior center is closed when Palisades School District is closed or having a virtual learning day due to inclement weather. If there is a 2 hour delay, we will open at 10:00. If Palisades dismisses early, the senior center will close early. Call the senior center to hear a recording after 8AM. Please use your own best judgement if you decide to venture out if we are open. If the senior center is without power for more than 30 minutes, we will close the center. If you are feeling sick, even if you just have a cold, please do not visit the senior center until you feel better.

Covered Dish Luncheon Tuesday, March 3rd. Bill & Joan Foley will present a trivia on old tv shows and movie stars.

AARP Taxes Volunteer Tax Counselors from AARP will be available on Thursdays. Call the senior center to make an appointment. Please fill out your Pre-Appointment Packet completely and bring it to the center on the day of your appointment.

Theme Basket Bingo Sunday, April 19th Doors open at 12:00, Games begin at 1:00.

Caesars Casino Atlantic City Friday, May 15th. Cost is \$72 per person with \$20 slot play. Reservations and payment due by April 9th. MUST BE OVER 21 YEARS OLD. Bus departs senior center at 8:30am sharp and returns to the center approximately 8:30pm.

Tom's River Cruise Thursday, August 20th More details to follow.

Thank you to our members who donated money to our senior center. Whether your donation is large or small, time or money, we appreciate your generosity.

“Things work out best for those who make the best of how things work out.”

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Co-Pilot Please remember to sign in to Co-Pilot EVERY TIME you visit the center. **ALWAYS check Center Visit in addition to whatever activity you are here for.** If you signed up for lunch on that day, don't forget to check Lunch. This information is important for any funding we receive so it is VERY IMPORTANT that it is accurate.

Lunch will be served at 12:00 noon Monday—Thursday. (except Bingo days 11:30) Please check the calendar menu of sandwiches and salads. ****Remember to sign up by Tuesday at noon for the following week.** You must be registered with the senior center. We need a minimum of 5 people to order for any given day. A voluntary contribution of \$2 is suggested for anyone over the age of 60. Please put the money in the box in the kitchen `marked "Congregate Meals". Please remember that a large portion of our funding from Bucks County Area Agency on Aging is determined by the number of congregated meals that we serve. Consider ordering lunch even if there is not an activity that you plan to attend that day. One of the purposes of serving the meals here is to socialize. Talk to your friends, maybe they would order lunch if they knew someone else was also **interested**. Remember, games, puzzles, and the library are always open. Please consider volunteering to serve the meals. If you need help ordering a meal, would like to volunteer to serve the lunches or have any questions, talk to Veronica McIntosh or Margie Jesiolowski.

Property Tax/Rent Rebate Program The income requirements have expanded so more Pennsylvanians will be eligible to receive the Property Tax/Rent Rebate. The majority of past claimants may see increased rebates as well. AARP Tax counselors are able to help you fill out your forms at your appointment to get your taxes done or contact your state representative.

LIHEAP Low Income Home Energy Assistance Program If you need help paying your heating bills, or have a heating emergency, LIHEAP may be able to help you. This program helps low income families pay their heating bills. LIHEAP is a grant. You do not have to repay it. To receive help, apply between November 3, 2025 and April 3, 2026. Detailed information including income limits and applications are available at the senior center.

Got Drugs? Bucks County Medication Disposal, free and anonymous. Permanent medication collection boxes are now available at the locations below to help reduce growing statistics of people abusing prescription pain relievers who get them from friends or relatives. Please contact them directly for collection hours, rules & regulations.

Bucks County Court House 215-348-6000

Plumstead Township Police Department 215-766-8741

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Springfield Township 610-346-6700

Lord's Pantry at St John the Baptist Church in Ottsville 610-847-2402

A bin for food donations for the Lord's Pantry is at the senior center.

If you are in need of food, the pantry is open Mondays 2-5, Tuesdays 9:30-11:30 and Thursdays 9:30-1:30

Fresh Connect 215-345-8175, website: bcoc.org

First and Third Thursdays from 11-12 at Palisades Middle School, 4710 Durham Road, Kintnersville

Fresh produce at no cost for those in need, rain/shine, except severe weather (temperatures below 32°, heat advisories, excessive heat warnings, heavy rain or snow, and thunder and lightning storms) Registration on site, limit one bag per household. Please bring your own bags.

Bucks County Opportunity Council Weatherization Program If you are a resident of Bucks County, meet the income limits, and qualify for this program, an energy auditor will inspect your home and recommend certain measures such as caulking windows, weather-stripping doors or insulating the attic. Information is also available for this program at the senior center.

Auto Registration Form Applications for Retired Persons for \$11 are available at the senior center. Eligibility requirements are listed on the bottom of the form.

Stop Telemarketing Calls Register for the national list and the Pennsylvania list. Make sure to register all names in the household. You must call from the number you are registering.

National Do Not Call 888-382-1222

Pennsylvania Do Not Call 888-777-3406

Bucks County Area Agency on Aging 55 East Court Street, 3rd Floor, Doylestown, PA 18901 Phone #267-880-5700

The broad goal of the agency is to develop and provide comprehensive services to help persons aged 60+ maintain independence in their homes and communities. Bucks County Area Agency on Aging offers more than 20 programs to help older adults and their families and is an advocate for all older persons in Bucks County. They also directly provide information and referral, outreach, assessment and care management, as well as a county-wide volunteer program. Additional services and projects are by agreement or contract with other community agencies. A brochure is available at Eastern Upper Bucks Senior Center with more details.

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Center Manager: Margie Jesiolowski

Board Members:

Janet Vanderlely, President

Barbara Naska, Vice President

Cathy Lutz, 2nd Vice President

Linda Boss, Secretary

Marion Wolf, Treasurer

Veronica McIntosh, Assistant Treasurer

Trustees:

Terry Keogh

Kim Rivera

Shirley Anderson

Food Service Coordinator: Veronica McIntosh

Trip Coordinators: Jim & Terry Keogh

Eastern Upper Bucks Senior Center is funded, in part, under a contract with the Pennsylvania Department of Aging and The County of Bucks.

Please tell your friends and family 55+ to join our senior center.
Dues are \$20 per year. (July 1st to June 30th)

March Birthdays

Please only bring in cards for those with a star* next to their name. If there is not a star, please mail their card. If you do not have their address, bring the card with a stamped envelope and we can mail it for you.

Janet Vanderlely *	March 1
Ed Wagner	March 2
Paulette Frankenfield	March 2
Ruth Gruver	March 9
Pat Zion	March 10
Colette Galdo	March 13
Margie Jesiolowski *	March 17
Janet Benner *	March 18
Janet Cantono	March 19
Doris Eck	March 19
Ron Brown *	March 20
Sylvia Frankenfield *	March 22
Alberta Sperry *	March 22
Kathy Bahnck *	March 26
Peggy Farley	March 26
Don King	March 29
Lynn Hughes	March 30
Else Bartman	March 31

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1218-20 Bethlehem Pike, Flourtown, PA 19031
P.O. Box 1556, Doylestown, PA 18901

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Senior Center Monthly Activities

DVD Exercise – Mondays 10:30-11:30

Game Days – Wednesdays & Thursdays

QiGong – Tuesdays 10-11

Tai Chi – Wednesdays 10-11

Knitting & Crocheting – Wednesdays 10:00

Art Club – Wednesdays 10:00

Board Meeting – 1st Monday 1:00 (Board Members ONLY please)

Covered Dish Luncheon – 1st Tuesday 12:00

Pinochle Tournament – 2nd & 4th Thursday 1:00

Birthday Bingo – 3rd Monday 12:30

Membership Meeting - 4th Monday 1:00

Cash Bingo – Two Tuesdays a month 1:00

Movies – Check Calendar 1:00

Check the monthly calendar for exact dates.

Please tell your friends and family 55+ to come join our friendly senior center. Dues are \$20 per year (July 1st to June 30th)
Classes are \$5 for members, \$7 for non-members.

Congratulations Pinochle Tournament Winners

January 29, 2026

1st Doug Warmkessel

2nd Harry Markley

3rd Cathy Lutz

February 12, 2026

1st Harry Markley

2nd Cindy Wiley

3rd Mike Barbaro

2026 Winter Lottery Winners

<u>Date</u>	<u>Winner</u>	<u>Seller</u>
1-22-26	Janet Cantono	
1-22-26	Ric Darrow	Kathy Darrow
1-29-26	GINNA BARBARO (donated back to senior center)	
1-29-26	Gary Shoudt	
2-9-26	Lynn Hughes	
2-9-26	Marianne Scott (donated back to senior center)	
2-12-26	Al Demeter	Veronica McIntosh
2-12-26	Harold Rick	

Candy Raffle Winners

Halloween Candy Raffle 2025 – Virginia Szakacs - Gussed 420

Christmas Candy Raffle 2025 - Mike Brent - Gussed 92

Christmas Chocolate Raffle 2025 - Venetia Stauffer-Hayes - Gussed 135

Valentine Candy Raffle 2026 - Janet Benner – Gussed 133 - Actual 133

Welcome New Members

Karen Litzenberger

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Monday	Tuesday	Wednesday	Thursday
2 Turkey Ham & Swiss Sandwich Carrot Raisin Salad Pineapples Fresh Orange	3 COVERED DISH LUNCHEON	4 Seafood Salad & Cheese Green Bean Salad Pasta Salad with Peppers WW Roll, Peaches	5 Corn Beef Special Coleslaw Pear
9 Turkey Muenster Cheese Sandwich Three Bean Salad Applesauce Chocolate Chip Cookie	10 Garden Salad w Chicken Veggie Toppings Potato Salad WW Bread Pineapples	11 Boiled Egg & Cheese Platter Broccoli Craisin Salad Macaroni Salad WW Roll, Apple	12 Tuna Salad Platter Couscous Salad Cucumber Dill Salad WW Roll, Orange
16 Turkey Ham & Swiss Sandwich Carrot Raisin Salad Pineapples Fresh Orange	17 Tuna (salad) Nicoise Salad Green Bean Salad Potato Salad WW Bread, Mandarin Oranges	18 Roast Beef & Provolone Coleslaw Fresh Fruit	19 Grilled Chicken Salad Corn, Black Bean Tomato salad Broccoli Salad WW Bread, Pudding
23 Chicken Salad Macaroni Salad WW Pita, Fruit Cocktail	24 Seafood Salad & HB Egg Dill Cucumber Salad Tri Color Rotini Salad WW Roll, Apple	25 Asian Chicken Salad Cucumber Carrot Salad Asian Pasta Salad WW Bread, Pineapples	26 Tuna Salad Platter Couscous Salad Cucumber Dill Salad WW Roll, Orange
30 Grilled Chicken Salad Corn, Black Bean Tomato salad Broccoli Salad WW Bread, Sweet Muffin	31 Seafood Salad & Cheese Green Bean Salad Pasta Salad with Peppers WW Roll, Peaches	Lunch is served at 12. Suggested donation of \$2 for those 60 and older.	Orders due by noon on Tuesday for the following week.

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Monday	Tuesday	Wednesday	Thursday
2 DVD Exercise 10:30-11:30 Board Meeting 1:00	3 Qi Gong 10-11 Covered Dish Lunch 12:00 Old TV Shows & Movie Stars Trivia by Bill & Joan Foley	4 Tai Chi 10-11 Knit/Crochet Art Club Games	5 Games AARP Taxes
9 DVD Exercise 10:30-11:30 Games Board Training 12:30	10 Qi Gong 10-11 Bingo 1:00	11 Tai Chi 10-11 Knit/Crochet Art Club Games	12 Games Pinochle 1:00 AARP Taxes
16 DVD Exercise 10:30-11:30 Birthday Bingo 12:30	17 QiGong 10-11 Einstein Nutrition 10:30	18 Tai Chi 10-11 Knit/Crochet Art Club Games	19 Games AARP Taxes
23 DVD Exercise 10:30-11:30 Membership Meeting 1:00	24 Qi Gong 10-11 Bingo 1:00	25 Tai Chi 10-11 Knit/Crochet Art Club Games	26 Games Pinochle 1:00 AARP Taxes
30 DVD Exercise 10:30-11:30 Games	31 Qi Gong 10-11		