

June 2025

Eastern Upper Bucks Senior Center

8040 Easton Road PO Box 545 Ottsville, Pennsylvania 18942

Phone: 610-847-8178 **Fax:** 610-847-2036

Hours: Mon.-Thurs. 10-3 **E-mail:** eubseniors@epix.net

Website: easternupperbucksseniorcenter.com



Membership Dues The board has decided to increase the membership dues to \$20. They will be due on July 1st.

When you renew your membership you will need to fill out the Center Registrant Data Sheet from BCAAA including the Nutrition Information on the back. Federal funding is concentrating on "Nutrition" now so this information must be sent to BCAAA. When you pay your dues, you will receive:

Membership card – this is your receipt that your dues are paid from July 1, 2025 to June 30, 2026.

Participation Policy – describes your membership responsibilities at the senior center

You will NOT receive a new co-pilot card. If you have lost your card or it is otherwise unusable, you can sign in by looking up your name on co-pilot.

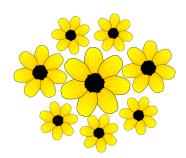
A NOTE FROM THE BOARD: The reason for having fundraisers is that our rent is now \$2200 per month. In addition, we are now responsible to pay for all of our heating oil. This is a large increase in expenses in addition to not receiving our rent grant. Your support with our fundraisers and any donations are greatly appreciated.

<u>Produce Vouchers</u> Five \$5 produce voucher checks (\$25 total) are available to anyone who lives in Bucks County, will be 60 years old by December 31, 2025, meets the income requirements and does not live in a facility where meals are served. Vouchers will be **distributed at the senior center ONLY Tuesdays and Wednesdays from 10-12** beginning in early June.

<u>Luncheon</u> Tuesday, June 3rd at 12:00. We will be serving beef barbeque sandwiches. Please bring side dishes, salads, and desserts. If you will be taking leftovers home with you, please bring your own container. We no longer have containers. The speaker will be George Dillman from the PA Department of Banking and Securities who will host a "Fraud Bingo", a fun, interactive presentation that teaches consumers how to protect themselves from scams and fraud by playing Bingo.

<u>Spring Lottery</u> \$5 per ticket, Two \$25 winners every Thursday from June 12th to July 24th. Winning tickets go back into the draw. Grand Prize Drawing July 31st, one \$200 winner, one \$100 winner, and one \$50 winner. We are mailing each member 5 tickets. Please return the tickets with the money to the senior center. If you would like more tickets, they are available at the senior center.

Qigong Our Tai Chi teacher, Kate Kane, has agreed to teach Qigong on Tuesday mornings from 10-11. This class will be held June 3, 10 and 17. More dates will be scheduled if there is enough interest. Cost of class is \$5 Members, \$7 Non-Members



<u>Hunterdon Hills:</u> Friday, June 27th "Queens of Country" Cost is \$85. Check or Exact Cash please. Self drive or Carpool. Arrive by 11:00am. Limit 28 people. Payment due by May 25th.

Resorts Casino Friday, August 1st Cost is \$60. Reservations and payment due June 25th. Bus departs senior center at 7:45am. Must be 21 years old. Unfortunately, the casino is no longer giving out comps.

<u>Camden Aquarium</u> Monday, October 13th More details to follow.

Movie: The movie for June 17th will be "Andre", a remarkable true story of a seal who each spring swam hundreds of miles to visit the human family who rescued him when he was an orphaned pup.

<u>CPR/First Aid</u> Amber from Upper Bucks Regional EMS has offered to teach first aid and CPR to anyone who is interested. A certification class will be held for CPR, AED, and first aid. The cost of this class will be \$25. A general class without certification will be held for general first aid and CPR. There will be no charge for this class. There will be a sign up sheet at the senior center and when we have enough interest we will contact her to schedule a class.

*****VERY IMPORTANT PLEASE READ:

Co-Pilot Please remember to sign in to Co-Pilot EVERY TIME you visit the center. <u>ALWAYS check Center Visit in addition to whatever activity you are here for.</u> (To explain: Center Visit is how the Bucks County Area on Aging tracks how many people visited the center. It does NOT mean that you just came to the center to visit and did not attend an activity.) If you signed up for lunch on that day, don't forget to check Lunch. This information is important for any funding we receive so it is VERY IMPORTANT that it is accurate.

<u>Lunch</u> will be served at 12:00 noon Monday—Thursday. (except Bingo days 11:30) Please check the calendar menu of sandwiches and salads. **Remember to sign up by *Tuesday at noon* for the following week. You must be registered with the senior center. We need a minimum of 5 people to order for any given day. A voluntary contribution of \$2 is suggested for anyone over the age of 60. Please put the money in the box in the kitchen 'marked "Congregate Meals". Please remember that a large portion of our funding from Bucks County Area Agency on Aging is determined by the number of congregate meals that we serve. Consider ordering lunch even if there is not an activity that you plan to attend that day. One of the purposes of serving the meals here is to socialize. Talk to your friends, maybe they would order lunch if they knew someone else was also interested. Remember, games, puzzles, and the library are always open. Please consider volunteering to serve the meals. If you need help ordering a meal, would like to volunteer to serve the lunches or have any questions, talk to Veronica McIntosh or Margie Jesiolowski.

<u>Property Tax/Rent Rebate Program</u> The income requirements have expanded so more Pennsylvanians will be eligible to receive the Property Tax/Rent Rebate. The majority of past claimants may see increased rebates as well. AARP Tax counselors are able to help you fill out your forms at your appointment to get your taxes done or contact your state representative.

<u>Bucks County Opportunity Council Weatherization Program</u> If you are a resident of Bucks County, meet the income limits and qualify for this program, an energy auditor will inspect your home and recommend certain measures such as caulking windows, weather-stripping doors or insulating the attic. Information is also available for this program at the senior center.

Welcome New Member:

Liza Beasley



DONAHUE FUNERAL HOME 215-429-4964

Philip A. Donahue, Owner/Director

The **DONAHUE FUNERAL HOME** specializes in church viewings followed by funeral services. Therefore, YOUR choice of a Funeral Home need not be based on location. Arrangements can be made in one of our offices or in the comfort of your home setting. We service Bucks County, Montgomery County, Philadelphia and Delaware Counties in Pennsylvania.

We are four generations of professionalism dedicated to offering an alternative to the escalating costs of funerals without sacrificing quality and service.

> "The purpose of a funeral should never cause a financial burden on the family or those left behind."— James P. Donahue, Grandfather

Traditional Funeral (includes casket)	\$4900
Traditional Viewing followed by Cremation	\$3800
(includes rental casket)	
Cremation with Memorial Mass	\$2000
Direct Cremation	\$1200

Call for a free no obligation brochure detailing the above...

www.DonahueFuneral.com

1218-20 Bethlehem Pike, Flourtown, PA 19031 P.O. Box 1556, Doylestown, PA 18901





Senior Center Monthly Activities

DVD Exercise—Mondays 10:30-11:30
Game Days - Wednesdays & Thursdays 10:00
Qigong—Tuesdays 10:00-11:00
Tai Chi—Wednesdays 10:00-11:00
Knitting & Crocheting –Wednesdays 10:00
Art Club— Wednesdays 10:00
Board Meeting - 1st Monday 1:00 (Board Members ONLY please)

Covered Dish Luncheon—1st Tuesday 12:00
Pinochle Tournament - 2nd & 4th Thursday 1:00
Birthday Bingo - 3rd Monday 12:30
Membership Meeting - 4th Monday 1:00
Cash Bingo - Two Tuesdays a month 1:00
Movies—Check Calendar 1:00
Check the monthly calendar for exact dates

Please tell your friends and family 55+ to come join our friendly senior center.

Dues are \$20 per year (July 1st to June 30th)
*Classes are \$5 for members
\$7 for non members.

PLEASE NOTE: ONLY BRING IN CARDS FOR THOSE WITH A STAR * NEXT TO THEIR NAME. IF THERE IS NOT A STAR, PLEASE MAIL THEIR CARD.



Irene Fleck *	June 3
Ed Schwartz	June 5
Marilyn Anderson	June 9
Julia Fluck *	June 11
Debbie Potter *	June 13
Harry Markley *	June 13
George Bowen	June 16
June Schwartz	June 18
Linda Szakacs-Nelson	June 18
Jo High	June 19
Judy Bowen	June 20
Terry Keogh *	June 30

Fresh Connect by BCOC Mobile Farmer's Market

bcoc.org or 215-345-8175

UPDATED INFORMATION

On the first and third Thursdays from 10am to 12noon at NEW LOCATION: Palisades Middle School 4710 Durham Road, Kintnersville

Fresh produce at no cost for those in need, rain/shine except severe weather (temperatures below 32°, heat advisories, excessive heat warnings, heavy rain or snow, and thunder and lightning storms.) Registration on site, limit one per household, please bring your own bags.

Thank you to our members who donated money to our senior center. Whether your donation is large or small, time or money, we appreciate your generosity.

Congratulations Pinochle Winners

April 24, 2025

1st Mike Barbaro 2nd Marion Wolf 3rd Ruth Gruver

May 8, 2025 **1st** Dolores Warmkessel 2nd Harry Markley 3rd Doug Warmkessel











\$11 Auto Registration Form Applications for

Retired Persons are available at the senior center. Eligibility requirements are listed on the bottom of the form.

Stop Telemarketing calls

Register for the national list and the Pennsylvania list. Make sure to register all names in the household. You must call from the number you are registering.

National Do Not Call 1-888-382-1222 Pennyslvania Do Not Call 1-888-777-3406

Helpful Phone Numbers

AARP (717) 238-2277 Area Agency on Aging (267) 880-5700 Aid for Friends (215) 348-7505 Better Business Bureau (215) 985-9313 Bucks Co. Consumer Protection (215) 348-7442 Bucks County Transport (215) 794-5554 or (888)795-0740 Elder Abuse (800) 243-3767 Food Stamps (800) 362-1291 Homeless Hotline (800) 810-4434 Legal Info (800) 262-LAWS Legal Service (215) 781-1111 Medicare Service Center (800) 633-4227 or TTY: (877)-486-2048 Military Affairs (215) 345-3307 P.A.C.E. (800)-225-7223 or (267)-880-5700 Philabundance Food (800)-319-3663 Report Medical Fraud & Abuse (800)-447-8477 Social Security, Disability Issues, or Supplemental Security Income (800) 772-1213 Senior Employment (267) 880-5700 24/7 Crisis Services (800)499-7455

Kinconnector Helpline (866)KIN-2111

Bucks Chester Montgomery Link 800-753-8827

Bucks County Area Agency on Aging 55 East Court Street, 3rd Floor, Doylestown, PA 18901 267-880-5700

The broad goal of the agency is to develop and provide comprehensive services to help persons aged 60+ maintain independence in their homes and communities.

Bucks County Area Agency on Aging offers more than 20 programs to help older adults and their families and is an advocate for all older persons in Bucks County.

They also directly provide information and referral, outreach, assessment and care management, as well as a county-wide volunteer program.

Additional services and projects are by agreement or contract with other community agencies.

A brochure is available at Eastern Upper Bucks Senior Center with more details.

Would vou like to Volunteer?

Bucks County Area Agency on Aging continues to offer volunteer opportunities. Your help is needed to deliver meals, tutor or mentor in school based programs, Lunch Bunch Program, Literacy/ESL Programs, Benefits Assistance Program, My Life My Health, Project MEDS, Helping Seniors Age in Place, and Apprise Insurance counselors. For more information about these and other volunteer opportunities, please contact the Volunteer Coordinator at 267-880-5725.

PA MEDI Program (formerly APPRISE)

The **PA MEDI Program** wants to make sure you and your loved ones who have Medicare know about the Extra Help and Medicare Savings Programs.

Extra Help can help lower your prescription co-payments and premiums and cover the cost of the coverage gap ("donut hole")

Medicare Savings Program can help you with the payment of your Part B premium and possibly with the payment of your Medicare Part A and Part B cost sharing.

There is **NO COST** for the PA MEDI Program's help or for enrollment into these programs. Income guidelines do apply.

Contact Bucks County Area Agency on Aging at 267-880-5700.

Senior Boxes Available Monthly at the Lord's Pantry at St. John the Baptist Church in Ottsville 610-847-2402 Requirements:

- 1) Must live in Bucks County
- 2) Must be at least 60 years old
- 3) Must meet income requirements which are:

	onite requirement	to willell are.	
Family size	Annual	Monthly	Weekly
1	\$16,744	\$1,396	\$322
2	\$22,646	\$1,888	\$436
3	\$28,548	\$2,379	\$549
5 4	\$34,450	\$2,871	\$663

<u>Packages include:</u> 4 packages <u>vegetables</u>,1 meat, 2 cereals, cheese,2 packages fruit, 1 non-meat protein, 1 carbohydrate, 2 bottles juice instant & evaporated milk.

Usually the 3rd Friday of the month, but call the Lord's Pantry to confirm.

Lord's Pantry Hours

Mondays 2-5, Tuesdays 9:30-11:30, Thursdays 9:30-1:30

A bin for food donations for the Lord's Pantry is at the Senior center. Canned goods such as canned vegetables, tunafish and soup are appreciated.

Happy Memorial Day!

Got Drugs?

Bucks County Medication Disposal

Free and anonymous. Permanent medication collection boxes are now available at the locations below to help reduce the growing statistics of people abusing prescription pain relievers who get them from friends or relatives. Please contact them directly for collection hours, rules, & regulations.

Bucks County Court House: 215-348-6000

Plumstead Township Police Department: 215-766-8741

Springfield Township: 610-346-6700

Quakertown Borough Police Department: 215-536-5002



June 2025 Menu Eastern Upper Bucks Senior Center 8040 Easton Road PO Box 545 Ottsville, Pennsylvania 18942 Phone: 610-847-8178 Fax: 610-847-2036

Hours: Mon.-Thurs. 10-3 **E-mail:** eubseniors@epix.net

Website: easternupperbucksseniorcenter.com



Monday	Tuesday	Wednesday	Thursday
2 Asian Chicken Salad Sesame Noodle Salad Cucumber Carrot Salad Whole Wheat Roll Berry Applesauce	3 Covered Dish Luncheon	4 Turkey Cheese Sandwich Mandarin Oranges Cold Vegetable Rice Salad Sweet Muffin	5 Chicken Taco Salad Corn & Pepper Salsa Tomato Salad Whole Wheat Roll Fresh Pear
9 Seafood Salad Platter With Cheese Tomato White Bean Salad Cucumber Onion Salad Whole Wheat Roll Fresh Fruit	10 Tuna Salad Platter Lentil, Tomato, Onion Salad Broccoli Salad Whole Wheat Bread Chocolate Chip Cookie	11 Corned Beef Sandwich Coleslaw Green Bean Salad Fresh Fruit	12 Vegetable Pasta Salad With Chicken Summer Salad Pineapples Whole Wheat Roll Cinnamon Applesauce
16 Turkey Cheese Sandwich Mandarin Oranges Cold Vegetable Rice Salad	Turkey Ham & Swiss Sandwich Broccoli Salad Three Bean Salad Fresh Fruit	18 Turkey Wrap Coleslaw Carrot Raisin Salad Fresh Orange	19 CLOSED Juneteenth
23 Seafood Salad Platter With Cheese Tomato White Bean Salad Cucumber Onion Salad Whole Wheat Roll Pineapples	24 Honey Mustard Chicken Wrap Greek Orzo Salad Carrot Cauliflower Salad Fresh Orange	25 Tuna Nicoise Salad Green Bean Salad Potato Salad WW Roll Applesauce	26 Chicken Caesar Salad Pasta Salad w Peppers Tomato Salad Whole Wheat Bread Sugar Cookie
30 Egg Salad Sandwich Beet Salad Dill Cucumber Salad Whole Wheat Bread Fresh Orange		Remember to order By NOON the TUESDAY Before! Suggested donation is \$2 for those over 60.	LUNCH IS SERVED AT NOON



June 2025

Eastern Upper Bucks Senior Center
8040 Easton Road PO Box 545 Ottsville, Pennsylvania 18942
Phone: 610-847-8178 Fax: 610-847-2036

E-mail: eubseniors@epix.net **Hours:** Mon.-Thurs. 10-3

Website: easternupperbucksseniorcenter.com



Monday	Tuesday	Wednesday	Thursday
2 DVD Exercise 10:30 Board Meeting 1:00	3 Qigong 10-11 Covered Dish Lunch 12:00 Speaker: George Dillman "Fraud Bingo"	4 Tai Chi 10-11 Knitting & Crocheting Art Club Games	5 Game Day
9 DVD Exercise 10:30 Games	10 Qigong 10-11 Bingo 1:00	11 Tai Chi 10-11 Knitting & Crocheting Art Club Games	12 Game Day Pinochle 1:00
16 DVD Exercise 10:30 Birthday Bingo 12:30	17 Qigong 10-11 Einstein Nutrition 10:30 Movie 1:00 "Andre"	18 Tai Chi 10-11 Knitting & Crocheting Art Club Games	19 CLOSED JUNETEENTH
23 DVD Exercise 10:30 Membership Meeting 1:00	24 Bingo 1:00	25 Tai Chi 10-11 (Practice Only) Knitting & Crocheting Art Club Games	26 Game Day Pinochle 1:00
30 DVD Exercise 10:30 Games			Friday 6-27 Hunterdon Hills Queens of Country