

#### May 2025 Eastern Upper Bucks Senior Center

8040 Easton Road PO Box 545 Ottsville, Pennsylvania 18942
Phone: 610-847-8178 Fax: 610-847-2036
Hours: Mon.-Thurs. 10-3 E-mail: eubseniors@epix.net
Website: easternupperbucksseniorcenter.com



Senior Center will be CLOSED on Tuesday, May 20th for Election Day and Monday, May 26th for Memorial Day.

**Luncheon** Tuesday, May 6th at 12:00. This month the lunch will be provided by Phil Donahue of Donahue Funeral Home. No need to bring a dish, just come and enjoy! Our speaker will Upper Bucks Regional EMS.

Movie: There will NOT be a movie in May. The movie for June 17th will be "Andre".

Yoga: Margy Breiner has decided that she will no longer teach the yoga class here at the center. We appreciate her many years of dedication to the yoga class. The board will be exploring options to fill the Tuesday morning exercise class.

**Spring Lottery** \$5 per ticket, Two \$25 winners every Thursday from June 12th to July 24th. Winning tickets go back into the draw. Grand Prize Drawing July 31st, one \$200 winner, one \$100 winner, and one \$50 winner. We are mailing each member 5 tickets. Please return the tickets with the money to the senior center. If you would like more tickets, they are available at the senior center.

**Hunterdon Hills:** Friday, June 27th "Queens of Country" Cost is \$85. Check or Exact Cash please. Self drive or Carpool. Arrive by 11:00am. Limit 28 people. Payment and reservations due by May 25th.

**<u>Resorts Casino</u>** Friday, August 1st Cost is \$60. Reservations and payment due June 25th. Bus departs senior center at 7:45am. Must be 21 years old. Unfortunately, the casino is no longer giving out comps.

Camden Aquarium Monday, October 13th More details to follow.

Senior Games June 5-12, Registration is March 17-May 15, Kick off Event May 28<sup>th</sup> 11-1.

<u>Old Flags</u> Do you have a worn out American flag that you need to dispose of? Bring them to the senior center by May 22nd and the American Legion will insure that they are disposed of properly.

**Property Tax/Rent Rebate Program** The income requirements have expanded so more Pennsylvanians will be eligible to receive the Property Tax/Rent Rebate in 2024. The majority of past claimants may see increased rebates as well. AARP Tax counselors are able to help you fill out your forms at your appointment to get your taxes done or contact your state representative.

**Bucks County Opportunity Council Weatherization Program** If you are a resident of Bucks County, meet the income limits and qualify for this program, an energy auditor will inspect your home and recommend certain measures such as caulking windows, weather-stripping doors or insulating the attic. Information is also available for this program at the senior center.

#### THIS IS VERY IMPORTANT !!

<u>Co-Pilot</u> Please remember to sign in to Co-Pilot EVERY TIME you visit the center. <u>ALWAYS check Center Visit in</u> <u>addition to whatever you are here for.</u> If you signed up for lunch on that day, don't forget to check Lunch. This information is important for any funding we receive so it is VERY IMPORTANT that it is accurate.

Lunch will be served at 12:00 noon Monday—Thursday. Please check the calendar menu of sandwiches and salads. \*\*Remember to sign up by *Tuesday at noon* for the following week. You must be registered with the senior center. We need a minimum of 5 people to order for any given day. A voluntary contribution of \$2 is suggested for anyone over the age of 60. Please put the money in the box in the kitchen `marked "Congregate Meals". Please remember that a large portion of our funding from Bucks County Area Agency on Aging is determined by the number of congregate meals that we serve. Consider ordering lunch even if there is not an activity that you plan to attend that day. One of the purposes of serving the meals here is to socialize. Talk to your friends, maybe they would order lunch if they knew someone else was also interested. Remember, games, puzzles, and the library are always open. Please consider volunteering to serve the meals. If you need help ordering a meal, would like to volunteer to serve the lunches or have any questions, talk to Veronica McIntosh or Margie Jesiolowski.

Thank you to our members who donated money to our senior center. Whether your donation is large or small, time or money, we appreciate your generosity.	<u>Welcome New Member:</u> Diane Shine Ronald Wiley
<b>Thank you</b> to the Tinicum Civic Association for their generous donation to our senior center.	We will miss our dear friends who recently passed away: Maryanne Comly Pat Siwert

 Image: Center Manager: Margie Jesiolowski

 Image: Barbara Naska, President

 Image: Barbara Naska, Pre





#### DONAHUE FUNERAL HOME 215-429-4964

#### Philip A. Donahue, **Owner/Director**

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We are four generations of professionalism dedicated to offering an alternative to the escalating costs of funerals without sacrificing quality and service.

> "The purpose of a funeral should never cause a financial burden on the family or those left behind."-James P. Donahue, Grandfather

Traditional Funeral (includes casket)	\$4900
Traditional Viewing followed by Cremation	\$3800
(includes rental casket)	
Cremation with Memorial Mass	\$2000
Direct Cremation	\$1200

Call for a free no obligation brochure detailing the above...

www.DonahueFuneral.com 1218-20 Bethlehem Pike, Flourtown, PA 19031 P.O. Box 1556, Doylestown, PA 18901



DonahueFuneral@gmail.com

#### Senior Center Monthly Activities

DVD Exercise—Mondays 10:30-11:30 Walking DVD Exercise—Mondays 11:30-12:00 Game Days - Wednesdays & Thursdays 10:00 \*Chair Yoga Tuesdays 9:30-10:30 \*Beginner Chair Yoga-2nd & 4th Tuesdays 10:45-11:45 Knitting & Crocheting –Wednesdays 10:00 Board Meeting - 1st Monday 1:00 (Board Members ONLY please) Covered Dish Luncheon—1st Tuesday 12:00 Pinochle Tournament - 2nd & 4th Thursday 1:00 Birthday Bingo - 3rd Monday 12:30 Membership Meeting - 4th Monday 1:00 Cash Bingo - Two Tuesdays a month 1:00 Movies—Check Calendar 1:00 Art Club-2nd & 4th Wednesdays 10:00-12:00 Check the monthly calendar for exact dates

Please tell your friends and family 55+ to come join our friendly senior center. Dues are \$15 per year (July 1st to June 30th) \*Classes are \$5 for members \$7 for non members.

Fresh Connect by BCOC Mobile Farmer's Market<br/>bcoc.org or 215-345-8175UPDATED INFORMATIONOn the first and third Thursdays from 10am to 12noon<br/>at NEW LOCATION: Palisades Middle School<br/>4710 Durham Road, KintnersvilleFresh produce at no cost for those in need, rain/shine except severe

weather (temperatures below 32°, heat advisories, excessive heat warnings, heavy rain or snow, and thunder and lightning storms.) Registration on site, limit one per household, please bring your own bags. PLEASE NOTE: ONLY BRING IN CARDS FOR THOSE WITH A STAR \* NEXT TO THEIR NAME. IF THERE IS NOT A STAR, PLEASE MAIL THEIR CARD.



Barbara Boscoe \* May 1 Arlene Eichlin May 1 Yvonne Sanders \* May 2 Lynn Lush May 4 Linda Segletes May 4 Harold Rick \* May 5 Betty Fleck \* May 6 Maureen Smith May 6 Lin Brown \* May 8 Nancy Schaefer \* May 8 Kathryn Reilly May 9 Sandy Rizzo May 9 Ellen Clemens May 10 **Colleen Donnelly** May 10 Barbara King \* May 11 Francis Balbirer May 12 **Diana Roberts** May 13 Jane Paetzell \* May 16 Sophie McComb \* May 26 Evelyn Hart May 26 Cylon Gayle May 27 Deb Goff May 31

#### Congratulations Pinochle Winners March 27, 2025 Ist Bernie Boylan 2nd Mike Barbaro 3rd Doug Warmkessel April 10, 2025 Ist Mike Barbaro 2nd Howard Lammerding 3rd Doug Warmkessel

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#### **Bucks County Area Agency on Aging** 55 East Court Street, 3rd Floor, Dovlestown, PA 18901 267-880-5700

The broad goal of the agency is to develop and provide comprehensive services to help persons aged 60+ maintain independence in their homes and communities.

Bucks County Area Agency on Aging offers more than 20 programs to help older adults and their families and is an advocate for all older persons in Bucks County.

They also directly provide information and referral, outreach, assessment and care management, as well as a county-wide volunteer program.

Additional services and projects are by agreement or contract with other community agencies.

A brochure is available at Eastern Upper Bucks Senior Center with more details.

#### Would vou like to Volunteer?

Bucks County Area Agency on Aging continues to offer volunteer opportunities. Your help is needed to deliver meals, tutor or mentor in school based programs, Lunch Bunch Program, Literacy/ESL Programs, Benefits Assistance Program, My Life My Health, Project MEDS, Helping Seniors Age in Place, and Apprise Insurance counselors. For more information about these and other volunteer opportunities, please contact the Volunteer Coordinator at 267-880-5725.

#### PA MEDI Program (formerly APPRISE)

The PA MEDI Program wants to make sure you and your loved ones who have Medicare know about the Extra Help and Medicare Savings Programs.

**Extra Help** can help lower your prescription co-payments and premiums and cover the cost of the coverage gap ("donut hole")

Medicare Savings Program can help you with the payment of your Part B premium and possibly with the payment of your Medicare Part A and Part B cost sharing.

There is **NO COST** for the PA MEDI Program's help or for enrollment into these programs. Income guidelines do apply.

Contact Bucks County Area Agency on Aging at 267-880-5700.

			e Lord's Pantry	
<u>at St. John</u>	the Baptist Ch	<u>urch in Ottsvi</u>	lle 610-847-2402	
<u> Requirements:</u>				
$\equiv$ 1) Must live in E	Bucks County			
$\subseteq$ 2) Must be at lease	ast 60 years old			
= 3) Must meet income	ome requiremen	ts which are:		
Family size	Annual	Monthly	Weekly	
2 1	\$16,744	\$1,396	\$322	
2	\$22,646	\$1,888	\$436	
<b>S</b> 3	\$28,548	\$2,379	\$549	
5 4	\$34,450	\$2,871	\$663	
<ol> <li>Must live in F</li> <li>Must be at lead</li> <li>Must meet incompany</li> <li>Family size</li> <li>1</li> <li>2</li> <li>3</li> <li>4</li> <li>Packages include</li> <li>packages fruit</li> </ol>	<u>e:</u> 4 packages ve	getables,1 me	at, 2 cereals, chees	
a packages fruit, 1	non-meat protein	n, 1 carbohydr	ate, 2 bottles juice	
📄 📄 instant & evapor	ated milk.			
G Usually the 3rd F	riday of the mor	nth, but call the	e Lord's Pantry to	
$\subseteq$ confirm.				
	Lord's F	Pantry Hours		
Mondays 2	2-5, Tuesdays 9:	30-11:30, Thu	rsdays 9:30-1:30	
A bin for f	food donations	<u>for the Lord's</u>	Pantry is at the	
<b>Senior center.</b>	Canned goods s	such as cannee	d vegetables, tuna	
Instant & evaporated milk. Usually the 3rd Friday of the month, but call the Lord's Pantry to confirm. <u>Lord's Pantry Hours</u> Mondays 2-5, Tuesdays 9:30-11:30, Thursdays 9:30-1:30 <u>A bin for food donations for the Lord's Pantry is at the</u> <u>Senior center. Canned goods such as canned vegetables, tunatant and soup are appreciated.</u>				
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#### Lord's Pantry Hours

Senior center. Canned goods such as canned vegetables, tunafish and soup are appreciated.

#### **Got Drugs?**

#### **Bucks County Medication Disposal**

Free and anonymous. Permanent medication collection boxes are now available at the locations below to help reduce the growing statistics of people abusing prescription pain relievers who get them from friends or relatives. Please contact them directly for collection hours, rules, & regulations. Bucks County Court House: 215-348-6000 Plumstead Township Police Department: 215-766-8741 Springfield Township: 610-346-6700 **Ouakertown Borough Police Department: 215-536-5002** 



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website. easternapp	ciouckssemoreenter.com	
Tuesday	Wednesday	Thursday
LUNCH IS SERVED AT NOON		<b>1</b> Honey Mustard Chicken Wrap Greek Orzo Salad Carrot Cauliflower Salad Fresh Orange
6 Donahue Luncheon	<b>7 Egg Salad Sandwich</b> Beet Salad Dill Cucumber Salad Fresh Orange	8 Turkey & Cheese Sandwich Mandarin Oranges Cold Vegetable Rice Salad Sweet Muffin
<b>13</b> Seafood Salad Platter With Cheese Tomato White Bean Salad Cucumber Onion Salad Whole Wheat Roll Fresh Fruit	<b>14</b> Tuna Salad Platter Lentil, Tomato, Onion Salad Broccoli Salad Whole Wheat Bread Chocolate Chip Cookie	<b>15</b> Corned Beef Sandwich Coleslaw Green Bean Salad Fresh Fruit
<b>20</b> CLOSED Election Day	21 Turkey Ham & Swiss Sandwich Broccoli Salad Three Bean Salad Fresh Fruit	<b>22</b> Turkey Wrap Coleslaw Carrot Raisin Salad Fresh Orange
27 Seafood Salad Platter With Cheese Tomato White Bean Salad Cucumber Onion Salad Whole Wheat Roll Pineapples	28 Honey Mustard Chicken Wrap Greek Orzo Salad Carrot Cauliflower Salad Fresh Orange	<b>29</b> Tuna Nicoise Salad Green Bean Salad Potato Salad WW Roll Applesauce
	Tuesday LUNCH IS SERVED AT NOON 6 Donahue Luncheon 13seafood Salad Platter With Cheese Tomato White Bean Salad Cucumber Onion Salad Whole Wheat Roll Fresh Fruit 20 CLOSED Election Day 27 Seafood Salad Platter With Cheese Tomato White Bean Salad Cucumber Onion Salad Whole Wheat Roll	LUNCH IS SERVED AT NOON7 Egg Salad Sandwich Beet Salad Dill Cucumber Salad Fresh Orange6 Donahue Luncheon7 Egg Salad Sandwich Beet Salad Dill Cucumber Salad Fresh Orange13seafood Salad Platter With Cheese Tomato White Bean Salad Cucumber Onion Salad Whole Wheat Roll Fresh Fruit14 Tuna Salad Platter Lentil, Tomato, Onion Salad Broccoli Salad Whole Wheat Roll Fresh Fruit20 CLOSED Election Day21 Turkey Ham & Swiss Sandwich Broccoli Salad Three Bean Salad Fresh Fruit27 Seafood Salad Platter With Cheese Tomato White Bean Salad Cucumber Onion Salad With Cheese Tomato White Bean Salad Cucumber Onion Salad Whole Wheat Roll27 Seafood Salad Platter With Cheese Tomato White Bean Salad Cucumber Onion Salad Whole Wheat Roll27 Seafood Salad Platter With Cheese Tomato White Bean Salad Cucumber Onion Salad Whole Wheat Roll27 Seafood Salad Platter With Cheese Tomato White Bean Salad Cucumber Onion Salad Whole Wheat Roll



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Monday	Tuesday	Wednesday	Thursday
			<b>1</b> Game Day
5 DVD Exercise 10:30 Board Meeting 1:00	<b>6</b> Luncheon 12:00 <b>Speaker:</b> Upper Bucks Regional EMS	7 Tai Chi Qigong 10-11 Knitting & Crocheting Art Club Games	8 Game Day Pinochle 1:00
12 DVD Exercise 10:30 Birthday Bingo 12:30	13 Bingo 1:00	14 Tai Chi Qigong 10-11 Knitting & Crocheting Art Club Games	15 Game Day
<b>19</b> DVD Exercise 10:30 <b>Membership Meeting 1:00</b>	20 CLOSED Election Day	<b>21</b> Tai Chi Qigong 10-11 Knitting & Crocheting Art Club Games	<b>22</b> Game Day Pinochle 1:00
26 CLOSED Memorial Day	27 Bingo 1:00	<b>28</b> Tai Chi Qigong 10-11 Knitting & Crocheting Art Club Games	<b>29</b> Game Day