The center will be closed on Monday, February 17, 2020 for Presidents’ Day.

In the event of bad weather, the senior center is closed when Palisades School District is closed.
If there is a 2 hour delay, we will open at 10:00. Call the senior center to hear a recording after 8AM.

Bingo Our next Sunday Bingo will be February 9th. Doors open at 12:00. Games begin at 1:00.
20 games for $15, 4 specials available at additional cost, lunch and snacks available to purchase, door prizes, 50/50
SAVE THE DATES: Bingo Sunday, March 8th Basket Bingo Sunday, April 19th

Covered Dish Luncheon Wednesday, February 12th at 12:00
Our speaker will be Linda Bobrin, Register of Wills and Colleen Strunk, 2nd Deputy
along with Representative Wendy Ullman whose office arranged our guests.

AARP Tax Help Call the senior center to make an appointment to get your income taxes done by a volunteer tax counselor from AARP on Thursdays beginning February 6th. Please bring your 2019 tax documents, 2018 tax return, photo identification, social security card or other legal document that has your entire social security number.

Trips: Reservations and Payment due 1 month prior to trip. For more information call Jim 610-847-2305
Mohegan Sun Friday, March 20th $35 includes $25 slot play and $5 food voucher.
Bus leaves at 8:15 and returns 5:45.
SAVE THE DATES: Iron Pigs Ball Game Friday, July 3, 2020
“Esther” at Sight & Sound Friday, July 31, 2020
Board Members:
Betty Martin, President
Jane Paetzell, Vice President
Cathy Lutz, 2nd Vice President
Cindy Wiley, Secretary
Marion Wolf, Treasurer
Terry Keogh, Assistant Treasurer
Margie Jesiolowski, Center Manager
Terry & Jim Keogh - Trip Coordinators
E-mail: eubseniors@epix.net

Eastern Upper Bucks Senior Center is funded, in part, under a contract with the Pennsylvania Department of Aging and The County of Bucks.

This senior center applies for a yearly grant that is approved by Bucks County and HUD (Housing and Urban Development). Please consider joining the center to help meet the increasing grant demands for our much needed community senior center. Thanks!

Senior Center Monthly Activities

<table>
<thead>
<tr>
<th>Activity</th>
<th>Days</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cards &amp; Games</td>
<td>Mon-Th 10:00</td>
<td></td>
</tr>
<tr>
<td>DVD Exercise</td>
<td>Mon-Th 10:00-11:00</td>
<td></td>
</tr>
<tr>
<td>*Chair Yoga</td>
<td>Tues 10:00-11:00</td>
<td></td>
</tr>
<tr>
<td>*Yoga</td>
<td>Tues 11:00-12:00</td>
<td></td>
</tr>
<tr>
<td>*Tai Chi</td>
<td>Wed 10:30-11:30</td>
<td></td>
</tr>
<tr>
<td>*Seated Tai Chi</td>
<td>Wed 11:30-12:30</td>
<td></td>
</tr>
<tr>
<td>Knitting &amp; Crocheting</td>
<td>Thurs 11:00-12:00</td>
<td></td>
</tr>
<tr>
<td>Game Day</td>
<td>1st &amp; 3rd Thurs 10:00</td>
<td></td>
</tr>
<tr>
<td>Board Meeting</td>
<td>Mon 1:00</td>
<td></td>
</tr>
<tr>
<td>Covered Dish Lunch</td>
<td>Wed 12:00</td>
<td></td>
</tr>
<tr>
<td>Pinochle Tournament</td>
<td>Thur 1:00</td>
<td></td>
</tr>
<tr>
<td>Birthday Bingo</td>
<td>Mon 12:30</td>
<td></td>
</tr>
<tr>
<td>Membership Meeting</td>
<td>Mon 1:00</td>
<td></td>
</tr>
<tr>
<td>Cash Bingo</td>
<td>Two Tuesdays a month</td>
<td></td>
</tr>
<tr>
<td>Walking DVD Exercise</td>
<td>Available upon request</td>
<td></td>
</tr>
<tr>
<td>Art Class</td>
<td>Two Wednesdays a month</td>
<td></td>
</tr>
</tbody>
</table>

Check the monthly calendar for exact dates

Available to the public!
Having a party that is too large for your home?
The Eastern Upper Bucks Senior Center is available for rent on days/nights the center is not in use. $150 each event. Call the manager for more information & details on the Rental Contract Agreement.

We advertise public fundraisers from your community organization, church, or fire company in our newsletter at no charge.
We are also accepting business advertisements. Cost varies based on the size of the ad.
Deadline is the 18th of the month.

Dues are $15 per year.
*Classes are only $2 for members
$4 for non members.

Happy Valentine’s Day
News from the Manager
We are in the planning stage for our Theme Basket Bingo which will be held on Sunday, April 19th. Please consider making a basket valued at $40-$50. Letters are available at the center if you would like to request a donation from a business to add to your basket. Please sign up and list the theme of your basket. We need to know the value of your basket for accounting purposes. Thank you to Richard and Kim Rosamilia for their generous donation to our senior center.

~Margie

Community Events
Riegelsville Community Fire Company No. 1 Auxiliary
333 Delaware Rd. Riegelsville, PA   (610)749-2737
Friday Night Fish Dinner February 28th to April 10th 5:00-7:00
Next Breakfast is Sunday, March 15th

Springtown Fire Company
3010 Route 212 Springtown
Breakfast  Sunday  February 2nd   8:00-12:30

Haycock Fire Company
215-536-2224 email:admin@haycock.org
Breakfast  Sunday, February 23rd  8:00-12:00

Upper Black Eddy Fire Company
1716 Firehouse Lane 610-982-5710
Breakfast  Sunday, February 9th 7:30-12

St Luke’s Evangelical Luthern Church and St Lukes United Church of Christ
Present a Dulcimer Concert by Celtic Heirs and Indian Valley Dulcimer Society and Spaghetti Dinner
Saturday, February 8th at 4:00pm   610-952-0472

We are excited to announce that we are partnering with the U.S. Census Bureau to support the 2020 Census. Bucks County experienced an undercount of Seniors in 2010, and it is important that in 2020 a more accurate count is achieved. As a partner, we will be working to make sure our community is Accurately represented in the upcoming decennial count. The census counts everyone in the United States. Census results are the basis for congressional representation and help determine how more than $675 billion in federal funds is distributed each year to support vital programs in states and communities across the country. These funds shape local health care, housing, education, transportation, employment, and public policy. As the 2020 Census approaches, we will continue to share information about how you can make sure our community is fully represented. Visit 2020CENSUS.GOV anytime to get the latest news.
Senior Boxes Available Monthly at the Lord’s Pantry at St. John the Baptist Church in Ottsville  610-847-2402

Requirements:
1) Must live in Bucks County
2) Must be at least 60 years old
3) Must meet income requirements which are:

<table>
<thead>
<tr>
<th>Family size</th>
<th>Annual</th>
<th>Monthly</th>
<th>Weekly</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>$15,444</td>
<td>$1,287</td>
<td>$292</td>
</tr>
<tr>
<td>2</td>
<td>$20,826</td>
<td>$1,736</td>
<td>$401</td>
</tr>
<tr>
<td>3</td>
<td>$26,208</td>
<td>$2,184</td>
<td>$504</td>
</tr>
<tr>
<td>4</td>
<td>$31,590</td>
<td>$2,633</td>
<td>$608</td>
</tr>
</tbody>
</table>

Packages include: 4 packages vegetables, 1 meat, 2 cereals, cheese, 2 packages fruit, 1 non-meat protein, 1 carbohydrate, 2 bottles juice instant & evaporated milk.

Usually the 3rd Friday of the month, but call the Lord’s Pantry to confirm.

Lord’s Pantry Hours
Mondays 2-5, Tuesdays 9:30-11:30, Thursdays 9:30-1:30
A bin for food donations for the Lord’s Pantry is at the Senior center.

All members are invited to come out for free cake and ice cream and celebrate the members’ birthdays each month. (usually on the 3rd Monday of the month) Check your calendar.

Welcome
New Member: Julia Shundri

Pinochle Tournament
Winners for January
1st Dolores Warmkessel
2nd Mike Barbaro
3rd Howard Lammerding

Fresh Connect by BCOC
bcoc.org or 215-345-8175
Mobile Farmer’s Market
every Thursday at 11 am
at the intersection of 611 & 412 Ottsville. Fresh produce at no cost for those in need, rain/shine except severe weather (temperatures below 32°, heat advisories, excessive heat warnings, heavy rain or snow, and thunder and lightning storms.) Registration on site, limit one per household, please bring your own bags.

Ida Bowlby Feb 2
Ken Johnson Feb 2
Janet Wagenseller Feb 2
Joann McNichol Feb 3
Dolores Warmkessel Feb 8
Leslie Streit Feb 9
Pat Hoff Feb 11
Linda Strychowsk Feb 13
Frank Frankenfield Feb 23
Alice Godown Feb 24
Lois Merritt Feb 24
Anita Antes Feb 25
Ruth Dietrich Feb 25
John Flanagan Feb 25
Ruth Foy Feb 28
Bucks County Area Agency on Aging
30 East Oakland Avenue Doylestown, PA 18901  267-880-5700
The broad goal of the agency is to develop and provide comprehensive
services to help persons aged 60+ maintain independence in their homes
and communities.
Bucks County Area Agency on Aging offers more than 20 programs to
help older adults and their families and is an advocate for all older
persons in Bucks County.
They also directly provide information and referral, outreach, assessment
and care management, as well as a county-wide volunteer program.
Additional services and projects are by agreement or contract with other
community agencies.
A brochure is available at Eastern Upper Bucks Senior Center with more
details.

Would you like to Volunteer?
Bucks County Area Agency on Aging continues to offer volunteer
opportunities. Your help is needed to deliver meals, tutor or mentor in
school based programs, Lunch Bunch Program, Literacy/ESL Programs,
Benefits Assistance Program, My Life My Health, Project MEDS,
Helping Seniors Age in Place, and Apprise Insurance counselors. For
more information about these and other volunteer opportunities, please
contact the Volunteer Coordinator at 267-880-5725.

Apprise Program
The Apprise Program wants to make sure you and your loved ones
who have Medicare know about the Extra Help and Medicare Savings
Programs.
Extra Help can help lower your prescription co-payments and premiums
and cover the cost of the coverage gap (donut hole)
Medicare Savings Program can help you with the payment of your Part
B premium and possibly with the payment of your Medicare Part A and
Part B cost sharing.
There is NO COST for the APPRISE Program help or for enrollment
into these programs. Income guidelines do apply.
Contact Janine Slabicki at the Bucks County Area Agency on Aging at
267-880-5700.

Helpful Phone Numbers
AARP (717) 238-2277
Area Agency on Aging (267) 880-5700
Aid for Friends (215) 348-7505
Better Business Bureau (215) 985-9313
Bucks Co. Consumer Protection (215) 348-7442
Bucks County Transport (215) 794-5554 or (888)795-0740
Elder Abuse (800) 243-3767
Food Stamps (800) 362-1291
Homeless Hotline (800) 810-4434
Legal Info (800) 262-LAWS
Legal Service (215) 781-1111
Medicare Service Center (800) 633-4227
or TTY: (877) 486-2048
Military Affairs (215) 345-3307
P.A.C.E. (800)-225-7223 or (267)-880-5700
Philabundance Food (800)-319-3663
Report Medical Fraud & Abuse (800)-447-8477
Social Security, Disability Issues, or
Supplemental Security Income (800)-772-1213
Senior Employment (267) 880-5700
24/7 Crisis Services (800)499-7455
Kinconnector Helpline (866)KIN-2111

Got Drugs?
Bucks County Medication Disposal
Free and anonymous. Permanent medication collection boxes are
now available at the locations below to help reduce the growing
statistics of people abusing prescription pain relievers who get
them from friends or relatives. Please contact them directly for
collection hours, rules, & regulations.
Bucks County Court House: 215-348-6000
Plumstead Township Police Department: 215-766-8741
Springfield Township: 610-346-6700
If you are in need of help paying for your electric, please speak to our president, Betty Martin. Many resources are available to help you. Please don’t suffer in silence. No one should have to go without electric, heat in the winter, or air conditioning or at least a fan in the summer.

**Bucks County Opportunity Council**

**Weatherization Program**

If you are a resident of Bucks County, meet the income limits and qualify for this program, an energy auditor will inspect your home and recommend certain measures such as caulking windows, weather-stripping doors or insulating the attic. Information is also available for this program at the senior center.

**LILHEAP/Low Income Home Energy Assistance Program**

If you need help paying your heating bills, or have a heating emergency, LIHEAP may be able to help you. This program helps low income families pay their heating bills. LIHEAP is a grant. You do not have to repay it. To receive help, apply between November 1, 2019 and April 10, 2020. Detailed information including income limits and applications are now available at the senior center.

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From "Life’s Little Instruction Book"

*Look people in the eye.*

*Say “please” and “thank you”.*

*Live beneath your means.*

*Be forgiving of yourself and others.*

*Compliment three people every day.*

*Return all things you borrow.*

*Treat everyone you meet like you want to be treated.*

*Don’t postpone joy.*

*Never give up on anybody. Miracles happen every day.*

*Keep a tight rein on your temper.*

*Make the best of bad situations.*

*Admit your mistakes.*

*Be brave. Even if you’re not, pretend to be. No one can tell the difference.*

*Always have something beautiful in sight, even if it’s just a daisy in a jelly glass.*

*Think big thoughts, but relish small pleasures.*

*Smile a lot. It costs nothing and is beyond price.*

*When someone is relating an important event that’s happened to them, don’t try to top them with a story of your own. Let them have the stage.*

*Resist telling people how something should be done. Instead, tell them what needs to be done. They will often surprise you with creative solutions.*

*Be kinder than necessary.*

*Don’t forget, a person’s greatest emotional need is to feel appreciated.*

*Keep it simple.*

*Don’t think a higher price always means higher quality.*

*Take charge of your attitude. Don’t let someone else choose it for you.*
Miscellaneous Community News

$10 Auto Registration Form Applications for retired persons are available at the center. Eligibility requirements are listed on the bottom of the form.

No Power at Home? You are always welcome to recharge your electrical devices at Penn Community Bank.

STOP TELEMARKETING CALLS:
Register for the national list and the Pennsylvania list.
Make sure to register all names in the household.

National Do Not Call 1-888-382-1222 You must call from the phone number which you are registering.
Pennsylvania Do Not Call List  Register at 1-888-777-3406

To receive coupons from Turkey Hill, Call 1-800-MYDAIRY

NEW POLICY: Once every 3 months.

***************************************************

DONAHUE FUNERAL HOME
215-429-4964

Philip A. Donahue, Owner/Director

The DONAHUE FUNERAL HOME specializes in church viewings followed by funeral services. Therefore, YOUR choice of a Funeral Home need not be based on location. Arrangements can be made in one of our offices or in the comfort of your home setting. We service Bucks County, Montgomery County, Philadelphia and Delaware Counties in Pennsylvania.

We are four generations of professionalism dedicated to offering an alternative to the escalating costs of funerals without sacrificing quality and service.

"The purpose of a funeral should never cause a financial burden on the family or those left behind."— James P. Donahue, Grandfather

Traditional Funeral (includes casket) $4900
Traditional Viewing followed by Cremation (includes rental casket) $3800
Cremation with Memorial Mass $2000
Direct Cremation $1200

Call for a free no obligation brochure detailing the above...

www.DonahueFuneral.com
1218-20 Bethlehem Pike, Flourtown, PA 19031
P.O. Box 1556, Doylestown, PA 18901
DonahueFuneral@gmail.com
If you’re lacking inside shelter in Upper Bucks County during periods of extreme, life-threatening weather (temperature or wind chill of 26°F or below) between November 15 and April 15, your neighbors and friends are ready with an

Upper Bucks Code Blue Shelter

at the Quakertown Masonic Lodge
(501 W Broad St, Quakertown, PA 18951)
from 8:15 PM to 7:00 AM the following morning.
We’ll have a hot meal and breakfast for you as well as shelter.

Car rides will be provided from the following stops—call 267.450.5191 to request a ride:
+ Turkey Hill @ Ottsville/Harrow 7:45 PM
+ Perkasie Square Shopping Center 7:45 PM

To find out if the shelter is open, contact the Code Blue Status Line:
267.450.5191 after 1:00 PM

Lottery Calendar Winners

<table>
<thead>
<tr>
<th>Date</th>
<th>Number</th>
<th>Winner</th>
<th>Seller</th>
<th>Amount</th>
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</thead>
<tbody>
<tr>
<td>1/1/20</td>
<td>454</td>
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<td>$125</td>
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<tr>
<td>1/2/20</td>
<td>487</td>
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<tr>
<td>1/3/20</td>
<td>547</td>
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<tr>
<td>1/4/20</td>
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<tr>
<td>1/5/20</td>
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<tr>
<td>1/6/20</td>
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<td>1/7/20</td>
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<td>$ 30</td>
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<tr>
<td>1/8/20</td>
<td>219</td>
<td>Joan Apple</td>
<td>Joan Apple</td>
<td>$ 30</td>
</tr>
<tr>
<td>1/9/20</td>
<td>508</td>
<td>Ken Carpenter</td>
<td>Cathy Lutz</td>
<td>$ 30</td>
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<tr>
<td>1/10/20</td>
<td>066</td>
<td>Gary Ziegler</td>
<td>Cathy Lutz</td>
<td>$ 30</td>
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<tr>
<td>1/11/20</td>
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<td>$ 50</td>
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<td>1/12/20</td>
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<td>$ 50</td>
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<tr>
<td>1/13/20</td>
<td>772</td>
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<td>1/14/20</td>
<td>874</td>
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<td>$ 30</td>
</tr>
<tr>
<td>1/15/20</td>
<td>850</td>
<td>No Winner</td>
<td></td>
<td>$ 30</td>
</tr>
</tbody>
</table>

“The future lies before you, like a field of fallen snow; Be careful how you tread it, for every step will show.”

“Winter forms our character and brings out our best.” Tim Allen

“What good is the warmth of summer without the cold of winter to give it sweetness.” John Steinbeck

There was a chubby snowman.
And he had a carrot nose.
Along came a bunny.
And what do you suppose.
The hungry little bunny
Was looking for his lunch.
He grabbed that snowman’s carrot nose.
NIBBLE! NIBBLE! CRUNCH!
FRAUD ALERT

Welcome to 2020!

2019 turned out to be quite a lucrative year for scam artists and computer hackers in the United States with the potential for any of us to become a victim of fraud. It is very important that we stay on our toes in the New Year. We, at Bucks County Crimes Against Older Adults Task Force, unfortunately, have become aware of some devastating crimes against some of our senior citizens here in Bucks County. However, at the same time, we have noted progress in consumer awareness to these fraudsters and their tactics. While striving to educate the public on the “scam du jour,” we have noticed that more residents are aware and thus prepared if/when contacted by a potential scam artist.

For example, most folks that we speak to recognize that when the “IRS” or “Social Security” is displayed on their caller ID or someone identifies themselves this way when they answer the phone and begin by informing them that there is a problem with their Social Security number, benefits, or that they are in serious trouble concerning their taxes, that it is definitely a scam call. This awareness has drastically reduced the number of victims of fraud and thwarted the thieves in their pursuit of theft.

The following are just a few things that all residents can do in an effort to protect themselves against becoming a victim of fraud:

- **Register for the Do Not Call list** every three years at https://www.donotcall.gov/. While there are those people that think that this system does not work, we believe that it does stop “legitimate” businesses from calling you without your permission. These businesses will check the Do Not Call list and, generally, honor your request. That does limit telemarketing calls.

- **Inquire as to what types of call blocking services your telephone company offers** that can identify and block known scam callers. Many telephone companies are now compatible with FREE landline call blocking services such as “No More Robo” at https://www.nomorobo.com/. This service is also available via some cell phone providers; however, there is usually a fee involved.

- **Be suspicious of unsolicited emails** from those posing as a well-known telecommunications company, such as Microsoft or Apple, stating that they have “identified an issue/problem on your computer” that can be repaired by them for a small fee. Do not fall for this scam. Do not share your credit card or any other financial information via this type of email. If you do experience issues with your computer, you should initiate the repair by contacting an established, local computer repair business.

- **Check your credit report.** It has become increasingly important to check your credit report at least once a year to look for any fraudulent accounts that were not opened by you and/or mistakes made to your credit report. Free credit reports are available annually online at https://www.annualcreditreport.com/index.action or by calling Experian credit bureau at 1-877-284-7942, 1-877-322-8228 or 1-888-397-3742, Equifax credit bureau at 1-800-846-5279 or 1-888-202-4025, Transunion credit bureau at 1-800-916-8800, 800-888-4213 or 888-909-8872. Please note that in order to obtain your credit report you will be asked to give them your Social Security number. Because you are contacting them directly, this is one of the few times that it is acceptable to do that.

Monthly Fraud Alerts brought to you by:

**Bucks County Crimes Against Older Adults Task Force**

Bucks County District Attorney’s Office: 215-348-6344 A Woman’s Place (AWP): 1-800-220-8116


Bucks County Coroner’s Office: 215-348-3852 Bucks County Register of Wills: 215-348-6265
# February LUNCH MENU 2020

**Eastern Upper Bucks Senior Center**  
8040 Easton Road P.O. Box 545  
Ottswill, Pennsylvania 18942  
(610) 847-8178 (610-847-2036 Fax) Open Mon.-Thurs. 10-3

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
</tr>
</thead>
<tbody>
<tr>
<td>3 Roast Beef &amp; Cheddar</td>
<td>4 Steak &amp; Spinach Sandwich</td>
<td>5 Sesame Ginger Tuna Salad</td>
<td>6 Harvest salad with Chicken</td>
</tr>
<tr>
<td>Sandwich</td>
<td>Carrot Raisin Salad</td>
<td>Whole Wheat Dinner Roll</td>
<td>Whole Wheat Dinner Roll</td>
</tr>
<tr>
<td>Coleslaw</td>
<td>Crackers</td>
<td>Fresh Cantaloupe</td>
<td>Fresh Pineapple</td>
</tr>
<tr>
<td>Fresh Orange</td>
<td>Fresh Apple Slices</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

| 10 Chicken Caesar Pita      | 11 Sweet & Smoky Chicken Salad | 12 Covered Dish Luncheon                 | 13 Steak Salad with Roasted Winter Squash |
| Carrot Raisin Salad         | Whole Wheat Dinner Roll        |                                         | Whole Wheat Dinner Roll                 |
| Fresh Orange                | Fresh Fruit Salad              |                                         | Fresh Pineapple                         |

| 17 CLOSED                   | 18 Greek Salad with Chicken    | 19 Reuben                                | 20 Spinach Poppy seed Salad with Bacon   |
| Presidents’ Day             | Whole Wheat Dinner Roll        | Cucumber Tomato Onion Salad              | Salad with Bacon                        |
|                             | Fresh Honeydew Melon           | Fresh Orange                             | Crackers                                 |

| 24 Deli Club Sandwich       | 25 Harvest salad with Chicken  | 26 Steak & Spinach Sandwich              | 27 Sesame Ginger Tuna Salad             |
| Cucumber Tomato Onion Salad | Whole Wheat Dinner Roll        | Carrot Raisin Salad                       | Salad                                   |
| Fresh Pear                  | Fresh Pineapple                | Crackers                                 | Whole Wheat Dinner Roll                 |

| 24 Deli Club Sandwich       | 25 Harvest salad with Chicken  | 26 Steak & Spinach Sandwich              | 27 Sesame Ginger Tuna Salad             |
| Cucumber Tomato Onion Salad | Whole Wheat Dinner Roll        | Carrot Raisin Salad                       | Salad                                   |
| Fresh Pear                  | Fresh Pineapple                | Crackers                                 | Whole Wheat Dinner Roll                 |

| $2 Suggested Donation       | Meals must be consumed at the|                                           |                                         |
| for anyone over 60          | senior center.                |                                           |                                         |
| Remember to order by the    | No takeouts.                  |                                           |                                         |
| Wednesday before            |                                |                                           |                                         |
**February 2020**

**Eastern Upper Bucks Senior Center**
8040 Easton Road P.O. Box 545  Ottsville, Pennsylvania 18942
(610) 847-8178  (610-847-2036 Fax) Open Mon.-Thurs. 10-3
E-mail: eubseniors@epix.net

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>3</strong> Cards &amp; Games 10:00</td>
<td><strong>4</strong> Chair Yoga 10:00-11:00</td>
<td><strong>5</strong> Tai Chi 10:30-11:30</td>
<td><strong>6</strong> Knitting&amp;Crocheting 10:00</td>
</tr>
<tr>
<td>DVD Exercise 10:00</td>
<td>Yoga 11:00-12:00</td>
<td>Seated Tai Chi 11:30-12:30</td>
<td>Game Day</td>
</tr>
<tr>
<td><strong>Board Meeting 1:00</strong></td>
<td><strong>Game Day</strong></td>
<td>Pinochle 10:00</td>
<td>AARP Taxes</td>
</tr>
<tr>
<td><strong>17</strong> CLOSED</td>
<td><strong>18</strong> Chair Yoga 10:00-11:00</td>
<td><strong>19</strong> Tai Chi 10:30-11:30</td>
<td><strong>20</strong> Knitting&amp;Crocheting 10:00</td>
</tr>
<tr>
<td>Presidents' Day</td>
<td>Yoga 11:00-12:00</td>
<td>Seated Tai Chi 11:30-12:30</td>
<td>Game Day</td>
</tr>
<tr>
<td><strong>24</strong> Cards &amp; Games 10:00</td>
<td><strong>25</strong> Chair Yoga 10:00-11:00</td>
<td><strong>26</strong> Tai Chi 10:30-11:30</td>
<td><strong>27</strong> Knitting&amp;Crocheting 10:00</td>
</tr>
<tr>
<td>DVD Exercise 10:00</td>
<td>Yoga 11:00-12:00</td>
<td>Seated Tai Chi 11:30-12:30</td>
<td>Game Day</td>
</tr>
<tr>
<td><strong>Birthday Bingo 12:30</strong></td>
<td><strong>Bingo 1:00</strong></td>
<td>Pinochle 10:00</td>
<td>AARP Taxes</td>
</tr>
</tbody>
</table>

**Bingo**
**Sunday, February 9th**
**Doors open at 12:00**
**Games begin at 1:00**